OCTOBER 2018

DIRECTIONS

This is great for a family or a few friends getting together. You can also make a small portion for yourself if you just need a fun meal.

Bake a sweet potato for each person. Clean the sweet potato and place on a lined baking sheet.

Bake at 375 for 40 minutes or until tender.

Gather and prepare your favorite toppings- you can never have too many toppings!

Let everyone make their own sweet potato – you can go savory or sweet. Enjoy celebrating each other's different palettes and praising God for His creativity in making you all so different!

INGREDIENTS

Sweet potatoes
Crumbled goat cheese
Diced turkey breast
Sautéed chicken sausage
Sautéed kale
Sliced avocado
Shredded cheddar
Salsa
Guacamole
Sour Cream
Sliced Bananas
Peanut Butter
Almond Butter
Shredded coconut
Chia Seeds